

mixed martial arts wikipedia - *mixed martial arts mma is a full contact combat sport that allows striking and grappling both standing and on the ground using techniques from various combat sports and martial arts the first documented use of the term mixed martial arts was in a review of ufc 1 by television critic howard rosenberg in 1993 the term gained popularity when newfullcontact com then one of the largest, r191 onsite blog onsite - o 2*

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